

GRAPEVINE

VISITACION VALLEY

NUMBER 195

SERVING OUR COMMUNITY

OCTOBER 2002

John King Senior Community Officially Dedicated



Visitacion Valley neighbors joined a dedication ceremony held at John King Senior Community on Sept. 10.

John King Senior Community (JKSC) was officially dedicated on Sept. 10 in an afternoon ceremony celebrating its grand opening earlier this year.

Located at 500 Raymond Avenue on a hillside adjacent to Visitacion Valley Middle School, JKSC was designed to enhance the existing neighborhood. JKSC consists of 91 units serving low-income seniors capable of living independently.

Many officials and local residents attended a grand opening on May 11.

JKSC was built to replace the loss of senior housing in the Geneva Towers complex. Two other housing developments – Heritage Homes and Britton Courts – were completed two years ago to replace housing lost when the twin towers were imploded in May 1998.

Services include daily meals, transportation and social activities. Included on the premises are: office space for service providers, laundry facilities, an activity room, an outer courtyard and a community space.

An on-site child and family development center will soon open in JKSC to provide childcare for 45 infants and children from the local community.



A number of guest speakers entertained the large crowd during the ceremony.

Proposition Would Expand Democracy at the Ballot Box

by Rob McKay

Calling all potential voters: Want to improve education, expand health care or fix the economy? Those are just a few of the great challenges facing our state that require the attention of every eligible citizen to turn out and vote on Election Day. However, to fully address those issues, we first must reverse the state's 30-year downward slide in voter turnout. This situation is becoming quite serious – in the March primary election, we experienced the lowest voter participation since 1924.

Proposition 52, the Election Day Voter Registration (EDVR) Initiative on the November ballot, will involve more people in the election process by making it possible to both register and vote on Election Day. EDVR is based on the principle that voting is a fundamental right and responsibility. All Californians should have the opportunity to influence the decisions that will impact their everyday lives.

Prop 52 makes sense because it cuts through the red tape in the voter registration process while increasing penalties for those who might abuse the right to vote by committing voter fraud. It will allow legally eligible voters to register and vote on Election Day after showing valid ID to prove that they are in their correct polling place.

The current voting system in California does not empower most people to vote – in fact, it can discourage many voters from getting out to the polls with arbitrary and unrealistic deadlines for registration.

Californians lead busy lives, and should not be penalized for not filling out forms months in advance. Many political campaigns do not even begin to communicate with voters until two weeks out from Election Day – well past the current registration deadline.

By encouraging more people to get involved in the political process, Proposition 52 promotes the very cornerstone of democracy, and gives citizens the power to make a difference in their own neighborhoods and communities.

EDVR is a proven way to increase voter participation. A recent study by researchers Stephen Ansolabehere of MIT and Michael Alvarez of Caltech shows that EDVR increases voter turnout by three to six percent. This would translate to almost one million more voters here in California.

In fact, EDVR already has proven successful in the states where voters are allowed to register and vote on Election Day. In Wisconsin, for example, where EDVR has been in place for 25 years, 65 percent of eligible voters participated in the 2000 presidential election, compared with

just 52 percent in California. Many experts say this is the only real reform that increases voter participation.

That is why the California League of Women Voters, the California Professional Firefighters, the California Nurses Association and dozens of other influential groups and organizations throughout the state support Prop 52.

Proposition 52 would implement Election Day Voter Registration by:

*Allowing eligible, but unregistered voters to present valid identification to register and cast ballots on Election Day.

*Enhancing the integrity of the election process by requiring Election Day registrants to present a California driver's license or two other valid forms of identification. Under the current system, no identification is required to register or to vote.

*Improving election security by strengthening protections against voter fraud. Penalties for voter fraud would become mandatory and fines would double from their current level.

*Expanding access to voter information by posting voter's rights as well as penalties for voter fraud in a prominent area at every polling place.

The Voting Rights Act of 1965 removed poll taxes and literacy tests, allowing millions of Americans their fundamental right to vote.

More Tracks and Pedestrian Overcrossing Slated for New Bayshore Caltrain Station

Representatives from Caltrain on Sept. 14 displayed plans for a new pedestrian overcrossing to be erected at the Bayshore Station on Tunnel Avenue during a regular meeting of the Visitacion Valley Planning Alliance (VVPA).

Planned to be four stories high, the new grade separated overcrossing will be part of an improved four-track station which will soon have four tracks – two for express service – and also serve as the southern terminal of the Third Street Light Rail line scheduled to be in service by 2005.

Work at the Bayshore Station will begin in 2003 to rebuild the existing tracks and signals while adding the new trackage south through Brisbane.

Construction was commenced in July to rebuild tracks and signals, and add high-speed turnouts in the City. Closer to Downtown, access will be provided for the new Mission Bay development and the new UCSF campus now under construction, while upgrading a crossing at 16th Street.

To accommodate the new construction, Caltrain suspended weekend train on July 6, replacing it with alternate bus service and express busses to Pacific Bell Park during the baseball season.

Valley Light Rail Construction

Construction of trackage and stations for the new light rail line is scheduled to begin this December along Bayshore Boulevard to Sunnydale Avenue. A crossover track will be constructed at Sunnydale Avenue to allow layovers for short periods of time.

Expected to last 11 months, parking along the construction site will be

removed from 7 a.m. to 7 p.m. daily to allow for four lanes of traffic. Muni representatives explained that certain periods of the construction would require less than four lanes to be available.

Upon completion of the new light rail line, plans call for the 15-Third Street line to be eliminated, and service on the 9X line to be expanded to a seven day, 19-hour schedule, with the 9-San Bruno line unchanged.

Blanken Avenue Realignment

During the light rail construction, the corner of Blanken Avenue and Bayshore Boulevard will be redesigned to eliminate a direct crossover to Arleta Avenue. Department of Parking and Traffic representatives announced that Blanken would be rerouted to the right to meet Bayshore at a 90 degree angle, creating a separate intersection with traffic lights away from Bayshore, Arleta and San Bruno avenues. Palm trees now located in the path of the new roadway will be moved to a small plaza to be built in front of the original Schlage Lock Building on Blanken Avenue.

Neighborhood Group Festivals

Both the Greenway Project and the VVPA co-sponsored a Fall Festival on Sept. 21, while the El Dorado Neighborhood Betterment Association held its annual street fair on Harkness Ave. on Sept. 14.

VVPA Monthly Meetings

VVPA meetings are usually held at 10 a.m. on the second Saturday of every month at the Visitacion Valley Community Center gymnasium at 66 Raymond Ave.

AAA Urges Driver Caution During School Year

As the end of summer marks the beginning of the 2002-2003 school year, AAA of Northern California urges motorists to keep their eyes open and their minds alert in its "School's Open - Drive Carefully" campaign.

"Motorists should take extra precaution when driving in areas with school age children," says Jennifer Mack, AAA of Northern California spokesperson. "Some of these kids have very little experience in dealing with traffic situations."

Motor vehicle crashes are the leading cause of death for children 14 years of age and under with 2,343 deaths in 2000. One-fourth of all children who die in these crashes are pedestrians. Overall, one pedestrian is killed every two hours in the U.S.

"Everyone needs to take extra precaution during this hectic time of the year," said Mack. "Often, parents can become distracted by excited children and trying to get to work on time. This may cause some drivers not to be focused on basic traffic safety practices."

AAA's annual School's Open - Drive Carefully campaign reminds us all to use extra caution on the roadways. School children travel the roadways on a regular schedule and adjusting your schedule by just five or ten minutes can help you

avoid busy pedestrian zones and frequent bus stops.

It's important for drivers to understand that it can be more difficult for children to judge traffic situations because their peripheral vision is one-third narrower than an adult's.

"When driving in school zones, near playgrounds, or in neighborhoods where children play, be prepared for a child to dart out into the roadway," says Mack. "That way, you'll never be taken by surprise and will be able to stop in time."

To help protect children, AAA urges motorists to follow these safety tips:

*Slow down in or near school and residential areas.

*Drive with your headlights on – even during the day – so children and other drivers can see you.

*Look for clues such as School Safety Patrollers, bicycles, and playgrounds that indicate children could be in the area.

*Scan between parked cars and other objects for signs that children could dart into the road.

*Practice extra caution in bad weather. *Always stop for school buses that are loading or unloading students.

"Remember, back to school means back to basic driver safety," concluded Mack. "School's open – drive carefully."

Safer Riding with New Child Safety Seat Law

With new regulations for child safety restraints in passenger vehicles taking effect on Sunday, AAA of Northern California is reminding parents and caregivers of the need to properly protect child passengers.

Beginning Sept. 1, federal regulators now require all new passenger vehicles to have the Lower Anchors and Tethers for Children (LATCH) system. LATCH enables child safety seats to be installed without using the vehicle's safety belts. It consists of two metal bars that are located in the seat bight (the spot where the seat back and seat cushion meet) of a vehicle's rear seat, and a top tether for forward-facing seats. The car seat is attached to the metal bars by hooks located on the back of the car seat. All new child safety seats are also required to have LATCH attachments that connect to the anchors.

"With this system, parents and others who transport young children will have an easier time installing child seats correctly, thereby cutting down on the high percentage of seats that are misused," said Jennifer Mack, spokesperson for AAA of Northern California.

The National Highway Traffic Safety Administration (NHTSA) recently released statistics indicating that the

number of traffic fatalities for children under 15 had dropped 8.6% in 2001. Increased education, coupled with improved child passenger restraint laws, have contributed to the decrease in these injuries, but traffic accidents are still the leading cause of death for children. AAA estimates that if all children under 15 were properly restrained, over 5,200 lives could be saved in the next ten years.

The new law does not mean you need to replace your child's current car seat if you buy a new vehicle. You can continue to use your current car seat with your vehicle's seat belt system. Or, you can purchase a retrofit kit that will allow you to use your current car seat in new cars, which may be particularly helpful for families that frequently switch their car seats between vehicles.

If you opt to buy a retrofit kit, only buy the kit that's manufactured for your child's particular car seat," Mack advised. "And be sure to consult your vehicle's owner's manual for important information about using the LATCH system correctly."

For information on how to get your child's car seat installed correctly, whether using LATCH or safety belts, contact your local AAA office.

Grapevine Mailbox**An Abridgement
Of Free Speech**

Following is a letter sent to the San Francisco Redevelopment Agency (SFRA) on Aug. 28 by Joe O'Donoghue, president of the Residential Builders Association of San Francisco, responding to Aug. 22 remarks made by an attorney of the Asian Law Caucus concerning his comments at an Aug. 13 SFRA hearing.

Dear Commissioners:

This is a first response to the Aug. 22 flatulent diatribe of Mr. Fujioka of Asian Law Caucus. His mischaracterization of my commentaries at the Aug. 13 Redevelopment Agency hearing makes a strong case for the elimination of expository education.

The Fujioka defamatory Aug. 22, 2002 missive certainly validates my long-espoused premise, that pseudo-progressives and left-wing ideologues are far more dangerous and even more repressive in thought, word and deed than their right-wing counterparts when they attain power.

Fujioka's omission of material facts from his Aug. 22, 2002 missive is not only an indication of evidentiary manipulation, but a willful intent to impugn reputations and integrity.

The fact that Fujioka omitted all of Paul Osaki's incendiary and shocking pronouncements, including his utterance that John McInerney "had raped and pillaged the Japanese community" is further evidence of intentional factual distortion.

The fact that the Senecan Fujioka omitted all but ten seconds of my three-minute presentation, concomitant with his sinister word manipulation, comprises behavior so egregious that disbarment proceedings are merited.

The fact is that Fujioka intentionally twisted the sense of my words, which was understood by most observers to be that the inflammatory rhetoric which Osaki employed was the same hateful rhetoric which was used so ignominiously by white bigots to unjustly intern persons of Japanese heritage in the concentration camps of the 1940s.

The fact that Fujioka, an attorney with the Asian Law Caucus, has now attempted to poke his factious forefinger at my countenance while accusing me of Fascist behavior is certainly, in my opinion, clear evidence that Fujioka is (1) a cold-blooded character assassin, (2) a disturbed mind, or (3) a psychotic, emotionally-disturbed person.

The fact that Fujioka failed to roundly condemn Paul Osaki, who, like the proverbial dog of uplifted leg, defiled with his verbal excrement John McInerney, an honored pillar of the Catholic-American community, is clear evidence of a person devoid of integrity, operating with evil and maledict intent.

The fact that Fujioka ignored completely the three-minute abusive verbalization by Osaki, a shocking verbalization that resulted in a mere 10-second, very muted comment on my part, is clear evidence of a willful intent to not only stifle free speech and necessary rebuttals, but also free movement.

And, as anyone knows, even idiots, such attempts evoke in our community, the community of San Francisco, vivid memories not only of Joe McCarthy's repressions, but early Alien and Sedition Law jailings, which impacted Irish constitutional rights as well as the rights of other immigrant groups. They were followed in later years with vigilante hangings and burnings, and were regrettably repeated in the 20th century.

The fact that Fujioka chose to vaporize and disregard my pro-active human, immigrant, senior, tenant, and prisoner rights involvement over the past 30 or more years is evidence that a self-aggrandizing, deracinated agenda is percolating therein.

And the agenda is the turf preservation for Fujioka, his allies, and other such poverty pimps who grow fat in pomp and circumstance by ensuring that poverty as a social condition remains institutionalized.

It is no coincidence that the Fujioka diarrhea-of-the-mouth missive was released on the very day – Aug. 22, 2002 – that the suzerain non-profit housing developer Calvin Welsh was informed that his \$250 million voter hijacking was going to face a serious challenge. And it is also ironic that Calvin Welsh's housing minion, the \$200,000 per year Marcia Rosen, acknowledged receipt of the Fujioka missive on the same day that the political community was so informed, and expressed funeral concerns in her response and readiness to rectify the situation.

Would that the citizens of this city, who pay Rosen an exorbitant salary, with its golden parachute benefits in excess of \$500,000, get such service.

And in a paradox not unusual for San Francisco, it is ironic that as the power, the earnings, and the general obligation

bond requests of these poverty octopuses increase, so does the housing crisis.

Commissioners, Mr. Fujioka has malign my reputation, inclusive of those commissioners who failed to do his bidding. Marcia Rosen, your director, by her rapid-fire dissemination action, may very well have become an accomplice in a libel conspiracy.

For this reason, I am requesting a full Commission hearing on the Fujioka allegations, baseless though they are. This hearing should be conducted in the evening, in the Board of Supervisors' chambers, and should be televised. I respectfully also request that Supervisor Matt Gonzalez, the district supervisor in this case, be designated the hearing officer in charge.

Prior to the hearing, the audiotape of the Aug. 13, 2002 hearing should be aired on Radio KPOO, and copies sent to all major stations.

Commissioners, the system is broken from my simple perspective; the Huns are not just at the gates, they are now in control.

Respectfully, Joe O'Donoghue

Don't Fall into the Same Fire Traps This Winter

Fall and winter are the most dangerous time of year for home fire safety. Home fires and fire death rates peak during this time of year because of increased use of alternative heating systems such as space heaters and fireplaces.

According to the National Fire Protection Agency (NFPA), heating equipment has resulted in 49,200 home fires, 388 deaths, 1,445 injuries and \$515 million in property damage.

Additionally, increased use of electrical power to support holiday lights and improperly caring for live Christmas trees also contributes to higher fire and fire death rates. The U.S. Fire Administration (USFA) estimates that fires during the holiday season injure 2,000 people and cause more than \$500 million in damage.

As residents begin to winterize their homes this fall, it is vitally important that they consider placing fire extinguishers on every level of the home and examining those already in place to assure quality performance. Furthermore, the NFPA states that residential fire extinguishers should be replaced every 12 years as well.

"Residential fire extinguishers can be an important resource in a fire response plan because they provide homeowners with a means of containing fires before they get out of control," said Roy Marshall, executive director of The Residential Fire Safety Institute. "Current household penetration for fire extinguishers is 76 percent, however, it is crucial to get penetration closer to 100 percent as with smoke detectors."

About 30 percent of home fires start in the kitchen—more than any other place in the home—and more than 50 percent of home fire deaths occur in sleeping areas, according to NFPA. To help reduce the risk of personal injury and to control property damage, fire extinguishers should be placed in kitchens, bedrooms and in other areas such as hallways and

garages for quick access. Fire extinguishers should be inspected regularly to ensure that they are properly charged and available when needed. Those that have low pressure, are damaged or corroded, or haven't been used within 12 years should be replaced with a multipurpose fire extinguisher.

There are three fire extinguisher ratings—A, B and C—and each has an intended use. Extinguishers with an A rating work against fires involving combustible materials such as wood, cloth or paper; a B rating indicates effectiveness against fires caused by flammable liquids such as grease; and C is intended for use in electrical fires. Because time is of the essence when battling a home fire, it may be safer to install fire extinguishers with an A-B-C rating throughout your home to be sure of your extinguisher's ability to put out or contain a fire. The Kidde Full Home Fire Extinguisher has an A-B-C rating and is available at hardware and home centers nationwide and costs about \$10.

In addition to proper fire extinguisher placement, families can stay safe when the cold weather arrives by:

- * Making sure that heating equipment is inspected and cleaned by a professional;
- * Keeping space and kerosene heaters at least three feet away from anything that can burn. According to the Consumer Product Safety Commission, 300 people die each year in fires started by heaters;

- * Using the oven and range for food preparation only and not as a heating source for the home;

- * Refilling the stand of a live Christmas tree with water often. Also, inspecting holiday lights before putting them up is recommended; and

- * Developing a fire escape plan that the entire family is familiar with. Fire extinguishers are one element of a fire response plan but the primary element is a safe escape.

State Working to Eliminate Domestic Violence

by CA Attorney General Bill Lockyer

Domestic Violence is one of society's worst crimes because it is committed by someone the victim should be able to trust the most. Intimate partner violence not only results too often in death, it also shatters the lives of children and other family members.

In 2000, California law enforcement received 196,406 domestic violence calls and made more than 51,200 domestic violence arrests. California courts issued 197,360 domestic violence restraining orders.

My own Department of Justice denied 253 people permits to purchase firearms because they had restraining orders against them. Law enforcement provides victims with information about local shelters, community services and legal options, and often works with community organizations to provide life-saving services. But the extraordinary efforts of these agencies aren't enough to solve the problem alone.

While the task is daunting, I want to make California the first state to eliminate domestic violence. In partnership with local law enforcement, we are working with community and state organizations, educators, medical personnel, victims' advocates, faith-based leaders and others to implement vigorous prevention strategies.

As a result of legislation enacted in 1995, California counties are authorized to establish Domestic Violence Death Review Teams (DVDRTs) to thoroughly examine intimate partner-related homicides, find solutions to fill any gaps in the system, improve data collection and recommend ways to prevent future tragedies.

Currently, only 20 counties have established these teams. We want to see them in all 58 counties.

My office recently hosted two regional training sessions during which teams from across the state were able to share knowledge about factors they've identified as precursors to domestic violence deaths, and proposals for breaking these patterns.

San Diego County's team found that most domestic violence homicides they

studied in 2001 were committed with firearms, the incidents occurred primarily in the victim's home, and victims reported abuse to family members but often had no contact with law enforcement.

The Santa Clara County team found that victims often talked about divorce or separation, and the killer exhibited obvious problems, such as job loss and increased drug or alcohol use.

The DVDRTs also recommend ways to prevent future tragedies. Proposals include urging victims to talk about their history of abuse, encouraging family and friends to report domestic violence incidents to law enforcement, educating physicians on how to screen for evidence of domestic violence and expanding services for children exposed to domestic violence.

These all are good suggestions and worthy of sharing. To improve the work of DVDRTs and encourage more counties to form teams, the Department of Justice has partnered with other state agencies to publish and distribute "California's Domestic Violence Death Review Team Protocol: A Case for Prevention," and will continue to provide training and research.

Copies of this or other publications on domestic violence and crime prevention programs are available by calling my Crime and Violence Prevention Center at (916) 324-7863.

California has pioneered many innovative programs to identify and address domestic violence and its devastating consequences. Working together we will continue to develop effective solutions that further our goal of making California the first state to eliminate domestic violence.

**Shootings and Murder
At Sunnydale Projects**

Emergency personnel responding to a call just before midnight on Aug. 23 found a dead man on the 1900 block of Sunnydale Avenue who had been shot in the back of the head.

On Aug. 27 a man was shot near the notorious housing complex, and just one day later on Aug. 28, a 15-year-old girl was stuck twice in the arm by gunfire when occupants in one vehicle began shooting at another car around 9 p.m.

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Pat Crocker: Director

The Power of Pennies

by James S. Dierke, Principal
Visitacion Valley Middle School

September 11th was a horrible day. As I woke up in the early morning of Sept. 11th, listening to the news on my radio, I heard the announcer say, "WOW! A weather plane has hit the Twin Towers in New York City. More news at 7 a.m."

As I showered and got dressed, the announcer broke into the music and said, "It was a commercial jet that hit the Trade Center." My wife and I turned on the TV and watched CNN, called family and friends, told them the news. I said goodbye to my wife and left for school. During the five minute ride, more details came on the radio; things were happening, reported events were out of control (it reminded me of what happened during the crisis of the 1989 earthquake we had in San Francisco). As the faculty and staff arrived at school, they went to watch the reports on TV in the Library. The

school phones never stopped ringing, parents were calling, keeping kids home or asking us to send them home.

The second crash - the news from Washington D.C. - unfolded on TV. We were under attack! News came to close the school and get the students home for the day. News came that downtown San Francisco was being evacuated, people were told to return to their homes. Rumors were reported that the Bay Area was a target.

At school, an emergency staff meeting was held, roles assigned to staff and students reunited with families and returned to their homes. Staff members were also sent home. The school was locked up and I went home to wait and wonder like the rest of America. What was happening to our nation, to those people in Washington D.C. and New York and to all those people on the airplanes?

The nation watched CNN, NBC, ABC and FOX late into the night. We watched our President, we heard his words, we offered our prayers, cried for

the facts that had been learned, dispel the myths and communicate our thoughts to each other, relieve the fear as to what was happening to our country.

As a unifying activity, the student council asked the students to bring their pennies to school the next day and the collection would be sent to our local San Francisco firehouse. These firefighters would be able to pass along the collection to the firefighters in New York City to help in some small way those who needed our help and support. Someone asked, why have the students bring in pennies? The answer: kids have pennies. Two days later, the students has collected 14 gallons of pennies along with nickels, dimes, quarters and dollars.

For the students of Visitacion Valley Middle School in San Francisco, the lesson of every penny counts is a solid concept. (A school where 70 percent of the students come from homes at or below poverty level, they gave what they had to give to our national cause). There contribution, spiritually as well as financially shows that these students had become a part of our great American Society, that they contributed to our national cause. They are Americans, doing what Americans were doing all over our land and what we have always done in this country in time of crisis, they came together and moved forward as part of our united people.

What are you doing with your pennies?

This story originally appeared in the June, 2002 issue of *Scholastic Rite*, a national Masonic magazine. James S. Dierke is also President, United Administrators of San Francisco, VP AFSA

U.S. Government Breaching a Terrorist's Right to Know

by Angela Logomasini

As the Senate debates legislation creating a Department of Homeland Security, it will also have the opportunity to address government programs that contribute to security risks. In particular, members could close a security breach created under a federal "right-to-know" law, which makes sensitive information about the nation's industrial plants widely available.

A bill recently offered by Senator Christopher Bond (R-Mo.), the "Community Protection from Chemical Terrorism Act" (S. 2579), takes a step in the right direction. Bond's proposal recognizes the danger of releasing this sensitive information and the need for controlling its distribution to protect public safety. However, it needs some critical improvements to adequately address this problem.

S. 2579 would reform a provision of the Clean Air Act that requires certain industrial facilities - ranging from chemical plants to water utilities and military installations - that use chemicals to develop "risk management plans" (RMPs). RMPs are supposed to help facilities prepare for accidental chemical releases, but the law also directed the Environmental Protection Agency (EPA) to make these plans publicly available.

RMPs identify chemicals at plants; the quantities of such; the potentially exposed population should there be a catastrophic release, whether schools, daycare centers, and other receptors are located nearby; and related information.

The FBI and others have noted that this type of information could help terrorists plan attacks on industrial plants, placing thousands of Americans at risk. In fact, RMPs provide six out of nine pieces of information that the Department of Defense (DOD) lists as critical in launching a successful terrorist attack on an industrial facility.

Congress attempted to fix the problem with a new law in 1999, but it still allowed the EPA to post the bulk of the information online and make all of it available in federal libraries. After Sept. 11, EPA pulled all RMP data off its Internet site. However, "citizen" groups and environmental activists had already downloaded detailed executive summaries from EPA's site, which these groups host online today.

Bond's proposal appears to be a sincere effort to help fix the problem - but it doesn't go far enough. The bill would allow continued public viewing of RMPs at federal libraries minus the names, addresses, and other information that identifies facilities. Yet this approach raises more questions than it answers and is likely to be insufficient to solve the problem.

Allowing public viewing of plans that lack plant-identifying information begs numerous questions. How will people specify what plans they want to view? If they simply review random plans, what purpose would that serve?

Even if this bill became law, terrorists might still be able to figure out ways to request RMPs for specific plants. For example, if they select plans based on geographic criteria, they may be able to easily target which specific plans they view. In addition, they can use the executive summaries hosted on the Internet by self-designated "citizen" groups to develop criteria for viewing plans. These summaries alone are

dangerous enough. But used as a resource to select plans for viewing at libraries, they could prove deadly.

The bill does include a ban against copying and note taking at libraries, which would play an important role in mitigating these concerns. But this provision does not eliminate serious risks. For example, after taking a trip to one federal library, journalist Michael Fumento pointed out that it would not be difficult to take photos of a RMP with a miniature-sized camera. While the average citizen is not likely to take that risk, terrorists are willing to take extraordinary risks.

Finally, S. 2579 includes a provision that would make it mandatory that all local emergency planning committees include representatives from national environmental groups. Federal law does not bar anyone from participating on committees now, and it already explicitly states that committees must include representatives from local environmental groups. No other national organization has the right to

serve on local committees. Why grant this special privilege to national environmental groups - whose representatives probably won't even live in the area of concern?

This entitlement for national environmental groups could inadvertently shift the security and emergency planning focus of these committees toward the national environmental groups' political agenda. Particularly in these times, it does not make sense to pursue a policy that will simply embroil emergency planning committees in the political agenda of organizations outside their own communities and interests.

So what's the solution? Congress can't do much about private groups hosting the summaries online. But they can at least stop aiding and abetting the enemy themselves, taking a decisive step by removing the RMPs from federal libraries.

Angela Logomasini is director of risk and environmental policy at the Competitive Enterprise Institute, a free market public policy group in Washington, D.C.

SLUG Organic Gardening Classes in October

*Urban Composting. Saturday, Oct. 5, 10 a.m.-12 noon. Learn to turn your spoils into soil at this workshop on basic and worm composting in the City. Workshop participants will receive a voucher for \$10 off a worm or basic compost bin. Garden for the Environment, 7th Ave. at Lawton St. FREE!

*Soil Fertility and Cover Crops, Saturday, Oct. 26, 10 a.m.-1 p.m. Healthy soil is the foundation of any sustainable landscape or garden. Learn ways to amend your soil during the winter months using cover cropping techniques and composting. Garden for the Environment, 7th Ave. at Lawton St. FREE! This workshop is part of our Resource Efficient Gardening and Land-scaping Program. Call SLUG's Education Department at (415) 285-7584 for a full list of classes.

Visitacion Valley Community Meeting Help Plan Your New Branch Library

Saturday, October 12, 2002
10 a.m.-12 noon
Visitacion Valley Community Center
50 Raymond Avenue

The San Francisco Public Library is starting the planning process for the new Visitacion Valley Branch Library.

Please come to a community meeting to share your ideas on what to include in this new library, the types of services you would like to see, and how the new library should be used.

For more information, call the Library's Chief of Branches at (415) 557-4353 or the Office of the Bond Program Manager at 557-4354.

For more information about the Branch Library Improvement Program, check the Library website at www.sfpl.org

Bring your dreams and wishes for this exciting new space!

VISITACION VALLEY GRAPEVINE · OCTOBER 2002 · 3

firefighters then all sang *God Bless America*. The firefighters then picked up their heavy load and took it to the bank. They later called the school - \$695 worth of pennies were on the way to help out those who needed our help.

For the students of Visitacion Valley Middle School in San Francisco, the lesson of every penny counts is a solid concept. (A school where 70 percent of the students come from homes at or below poverty level, they gave what they had to give to our national cause). There contribution, spiritually as well as financially shows that these students had become a part of our great American Society, that they contributed to our national cause. They are Americans, doing what Americans were doing all over our land and what we have always done in this country in time of crisis, they came together and moved forward as part of our united people.

What are you doing with your pennies?

This story originally appeared in the June, 2002 issue of *Scholastic Rite*, a national Masonic magazine. James S. Dierke is also President, United Administrators of San Francisco, VP AFSA

VISITACION VALLEY NEIGHBORHOOD DAY 2002



SEPTEMBER 21st, 2002

Neighborhood Day is an opportunity for Visitacion Valley residents to learn about available resources and services in the community, including Health, Jobs, Youth, Adult Education, while sharing the cultural, racial, multilingual and ethnic diversity in the neighborhood. The event will be located at Herz Playground, 1700 Visitacion Ave., near Coffman Pool at Hahn Street from 11:00 a.m. to 3 p.m.

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Book Reviews**The Change Monster**

A fascinating and original look at corporate change-mergers, reorganization and transformations-and why it succeeds or fails. This is how critics describe *The Change Monster* (Crown Business) by Jeanie Daniel Duck.

Coming soon in paperback, *The Change Monster* is an unusual book about business, written from the heart as well as the head. It's also a tough-minded book about leadership when major changes are demanded: after a merger, when profits are falling or markets being lost. It is also about the discipline and kindness it takes to get the people who report to and depend on managers to confront their fears and move on to a new agenda, strategy, or company.

In her book, Duck, a senior vice president at one of the world's leading management consulting firms, not only talks about the social dynamics and emotions of people, she does so with wisdom and humor.

Another New Twist in Phony Prize Promotions

Imagine getting a phone call announcing that you've won \$125,000 in a foreign lottery. You're told that a cashier's check for \$25,000, the first installment on your winnings, is in the mail, but that you won't have to pay the fees and taxes on your prize until you've deposited the check in the bank..

It's the latest twist on an old scam, says the Federal Trade Commission (FTC), and it's cheating some consumers out of thousands of dollars each.

According to Charles Harwood, director of the FTC's Northwest Region, the cashier's checks, supposedly issued by various U.S. and foreign banks and credit unions, are counterfeit.

"Then, when the recipients or their bank officers call the phone number on the checks for verification," he says, "there's a fraudster on the other end of the line verifying the check in a performance that's worthy of an Academy Award."

"That leads consumers to deposit the

Feeding the Hungry Heart

For everyone who has ever reached for ice cream to relieve stress, or tried to find solace in a bag of potato chips, a classic book may help you learn to find the fulfillment you crave-without all the extra calories.

Emotional eating, where food serves to fill a void in one's life, is an all-too-common behavior that can lead to binges and weight issues. That's because the hunger goes deeper than a need for food, and cannot be met with calories. Fortunately, men and women now have a place to turn for inspiration to win the battle-once and for all.

With a new introduction for the 20th anniversary edition, the best-seller *Feeding the Hungry Heart: The Experience of Emotional Eating* (Plume, \$14), by Geneen Roth, is a collection of true-life accounts from people who've broken free from the destructive eating habits that high emotion can provoke.

The book lets the reader in on Roth's experiences through two decades of lectures, workshops and retreats, thus beginning a journey of self-discovery and realization-where the heart of the matter doesn't have a candy center. *NAPS*

California's New Water Wars**Let's Act Now to Head Off Looming Water Crisis**

by Jeff Loux

If you hated last year's energy crisis, think how much worse life will be if California doesn't have enough water. Water supply is California's next "crisis." Water affects every family and industry. Farming, tourism, fisheries, and human health all depend on adequate water. While we fret over a terrorist attack on our water storage system, the greater threat probably comes from runaway growth outstripping supply. Failure to link growth and water supply has placed us on the edge of a serious water crisis. Will there be enough wet stuff for fish, farms and families as California continues to grow?

The state's water infrastructure is as aged and inadequate for today's demands as is our energy grid. Supplying water to Californians will become more difficult as the state grows to 42.7 million people by the year 2015. Reservoirs were built to supply a population about half what it will be in 15 years. A tunnel that brings millions of gallons to the Bay Area hasn't been inspected or maintained in 25 years. And the state doesn't have the money to bankroll needed improvements. If we make the same mistakes with water that we made with energy, we'll all soon shower from a bucket.

There are few things water cannot penetrate or erode, given time. But it hasn't overcome the political divisions caused

Bill Paves Way to New Approach to HIV Testing

A bill that enables community-based, nonprofit organizations with "demonstrated expertise in ... HIV testing services" to train urgently needed new HIV testing counselors was signed into law Aug. 27 by Governor Gray Davis.

Consumers who might otherwise be skeptical feel confident because they're not required to send any fees to the lottery company until they deposit their winnings," he says.

Consumers who believe they have been victimized by fraudulent foreign lottery offers should contact the FTC toll-free at 1-877-FTC-HELP (1-877-382-4357) or use the complaint form at www.ftc.gov, or call the Canadian PhoneBusters hotline toll-free at 1-888-495-8501.

by fights over water rights. Farms consumer 80 percent of the state's developed water, and cities and environmentalists are eyeing that share with deep thirst. Farmers are even fighting one another now. Prepare yourself for the next great battle in California's long water wars.

Water supplies are becoming less flexible due to drought, contamination and overdrafted groundwater supplies. Farm irrigation run-off is carrying toxic chemicals to aquifers and tributaries. Urban runoff through storm drains is doing the same to rivers and bays. Careful long-range planning is a necessity.

Rainfall is way down this year in Southern California. Rainfall in the north is high. Three-fourths of California's water use is south of Sacramento, while three-quarters of California's precipitation falls north of the capital. But shipping water from north to south is a hot button issue. Predictions are for less future Sierra snowpack, due to global warming, intensifying water shortage problems. From fights over Yosemite and the Owens Valley, to the Peripheral Canal battle, control of water has permeated past California politics. Those fights are echoed in current battles over tapping the Salton Sea to provide water for fast-growing San Diego, and diverting north state water for Central Valley farming thus harming fisheries. Competing interests are already suing one another, threatening water deliveries.

This year looms as a watershed year for our future. In November, voters will decide the fate of a \$3.5 billion water bond, the third since 1996. The Legislature is considering a separate \$2.9-billion water bond for the ballot. But even if passed they're just a drop in the bucket of what's needed. Congress will vote on a long-term water management plan, without which the federal government won't continue funding to the state's Bay-Delta and other water projects. California will lose 15% of its Colorado River supply by 2016, while growing by 30 percent. We must have a plan in place this year to absorb that cut, or the federal government could cut off 800,000 acre-feet of water to California. Water has already become a point of contention in this year's governor's race. Bill Simon is trying to gain the upper hand

on Gray Davis, claiming the governor is not moving fast enough to anticipate and solve the state's looming water shortage.

The State took an important step last year toward improving the linkage between water availability and growth. The new law stands for the notion that we should not be planning and approving new development without reliable, sustainable and high quality water sources, and impacts how communities address water supply issues. Water agencies must now determine that a sufficient water supply is available, not only for newly proposed large housing developments, but for existing customers as well, before those new developments are approved. If the local jurisdiction finds inadequate long-term water supplies, they must propose plans for increasing supply. Without this new information in Water Plans, agencies are not eligible for funds from the Department of Water Resources until 2006. No plan, no water. It's as simple as that. It makes sense, but up until now has never been done before.

Areas with chronic water supply problems may intensify their search for new supplies, or stretch supplies through conservation, reuse and water transfers. Development interests will spend more effort investigating water supply options. Over time, the technical state of the art for water supply and demand forecasting and planning will improve. One small step was taken last year to get control over where growth occurs, and this year we can take a few more steps toward heading off a crisis. You can't grow a flower without water. The same should hold true for a community.

Jeff Loux is the Director of Land Use and Natural Resources for U.C. Davis Extension and Legislative Director for the California Chapter of the American Planning Association CCAPA is a nonprofit, public interest and research organization representing over 5,000 practicing planners, elected and appointed officials, and concerned citizens involved with urban and rural planning issues in California. The California Chapter's mission is to bring California together to forge a better future, provide the vision and leadership that fosters better planning for California, build public and political support for sound planning, and provide its members with the tools to advance the art and science of planning

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Senior Central District #7 has applications for Rebuilding Together (Formerly Christmas in April), as well as Homeowner and Renter Assistance Applications.

Senior Central District #7 is a Volunteer Site. For more information please call (415) 330-1789. We are located at 50 Raymond Ave. between Bayshore Boulevard and Alpha Street.



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Anaheim	Chicago	Florida	New York	Saint Louis
Mighty Ducks	Blackhawks	Panthers	Islanders	Blues
Atlanta	Colorado	Los Angeles	New York	San Jose
Thrashers	Avalanche	Kings	Rangers	Sharks
Boston	Columbus	Minnesota	Ottawa	Tampa Bay
Bruins	Blue Jackets	Wild	Senators	Lightning
Buffalo	Dallas	Montreal	Pittsburgh	Toronto
Sabres	Stars	Canadiens	Penguins	Maple Leafs
Calgary	Detroit	Nashville	Philadelphia	Vancouver
Flames	Red Wings	Predators	Flyers	Canucks
Carolina	Edmonton	New Jersey	Phoenix	Washington
Hurricanes	Oilers	Devils	Coyotes	Capitals

Historic Proportions

Match clues to answers.

1934

1. Boxing champ on June 13.
2. Masses onshore witnessed ship fire on Sept. 8.
3. About 1,155 were sunk by police in Long Island Sound on Oct. 13.
4. Export tax placed on silver on Oct. 14.
5. Death of German president of Aug. 2.
6. NFL champions on Dec. 9.
7. He became Führer in Germany on Aug. 19.
8. General strike ended on July 19.
9. Created by Congress on June 6.
10. Famous sisters born in Canada on May 28.
11. Notorious bank robber gunned down on July 22.
12. Bank robbing couple ambushed and killed on May 23.
13. TWA began commercial service on May 18 with this airliner.
14. President ended their 20-day strike on Sept. 22.
15. Held on Sept. 28 for murder of Charles Lindbergh baby.
16. U.S. recognized new government on Jan. 23.
17. Law passed in U.S. on Apr. 21.

18. World Series winners on Oct. 9.

- A. San Francisco
- B. Adolph Hitler
- C. Dionne quintuplets
- D. John Dillinger
- E. Bonnie and Clyde
- F. Textile workers
- G. Cotton Control Act
- H. Max Baer
- I. Morro Castle
- J. New York Giants
- K. China
- L. Paul von Hindenburg
- M. Slot machines
- N. St. Louis Cardinals
- O. SEC
- P. Douglas DC-2
- Q. Bruno Hauptmann
- R. Cuba

P. 14-F; 15-Q; 16-R; 17-G; 18-N;
7-B; 8-A; 9-O; 10-C; 11-D; 12-E; 13-H;
Answers: 1-H; 2-L; 3-M; 4-K; 5-L; 6-I;**Sez Who?**

Match quotes to speakers.

1. "Peace and justice are two sides of the same coin."
2. "The best view of big government is in the rear view mirror as you're driving away from it."
3. "Men have been wise in different modes but they have always laughed the same way."
4. "You can't wait for inspiration. You have to go after it with a club."
5. "My best friend is the one who brings out the best in me."
6. "When you see a snake, never mind where he came from."
7. "Knowledge of human nature is the beginning and the end of a political education."
8. "This thing that we call *failure* is not falling down, but staying down."
9. "Winning isn't everything. Wanting to win is."

- A. Samuel Johnson
- B. Jack London
- C. W.G. Benham
- D. Mary Pickford
- E. Catfish Hunter
- F. Henry Ford
- G. Dwight D. Eisenhower
- H. Ronald Reagan
- I. Henry Brooks Adams

7-I; 8-D; 9-E;
Answers: 1-G; 2-H; 3-A; 4-B; 5-F; 6-C;**Five Years Ago In the Grapevine****OCTOBER 1997**

*Results of a neighborhood election to decide a demolition method was best for taking down Geneva Towers showed an overwhelming support for implosion were announced at a Sept. 24 press conference held at Visitacion Valley Middle School (VVMS).

*St. James Presbyterian Church observed its first Grandparents' Day on Sept. 14.

*Friends of Visitacion Valley Parks (FVVP) hosted its first Valley Greenway Rally and Community Picnic Sept. 6 in a Senior Park on Arleta Avenue.

*Visitacion Valley businesses could contribute ideas for improving neighborhood commerce with a merchant survey distributed to the area.

**Ask Mary Jane:
Knowing Social Security Benefits and Credits**

by Mary Jane Yarrington

Q. I started receiving my Social Security benefits at age 65; my wife at age 62. She is now 68 and receives less than half of what I receive. Can she apply for the greater benefit or is she penalized for starting her benefits at 62?

A. Your wife will continue to receive a reduced Social Security benefit. Benefits begun early are never increased (other than by annual COLAs) unless some months of early benefits are withheld due to earnings over the annual earnings limitation. Your wife is not being penalized for early retirement. The three years of Social Security benefits she received before age 65 make up for the permanent reduction.

If you die before she does, your wife's early retirement will no longer matter. Her widow benefit will be the full benefit you would receive if still alive.

Q. My father-in-law just retired. His ex-wife is 55 years old. They were married 33 years. Is she entitled to any of his Social Security?

A. If she remains unmarried, your father-in-law's former wife will be eligible for the greater of her own Social Security benefit or a divorced spouse or surviving divorced spouse benefit based on your father-in-law's earnings record.

At age 62, she will receive 75 percent of her own full-retirement-age benefit or 35 percent of your father-in-law's full benefit. If she waits until age 66 to begin benefits, she will receive the greater of 100 percent of her own benefit or 50 percent of his full benefit. She will remain entitled to a surviving divorced benefit if she remarries after age 60.

A spouse benefit is not subtracted from the worker's benefit; it is paid in addition to the worker's benefit.

Q. What is the minimum number of credits needed to qualify for benefits? What is the minimum amount one has to earn to qualify? Are there any other

minimum requirements?

A. A wage earner is fully insured for Social Security retirement benefits or survivor benefits for dependents if he or she has earned credits equal to one-quarter out of every four calendar quarters after a 21st birthday. Anyone who has earned 40 quarters (10 years) of credits is fully insured for life.

Social Security Disability Insurance (SSDI) has an additional requirement. In addition to being fully insured, a disabled wage earner must have five years of work credits out of the ten years ending in the calendar quarter disability begins. A worker age 21 to 31 is insured for disability benefits if he or she has credits in one-half the quarters after a 21st birthday.

Q. My wife retired at 62. She always worked in the private sector. I retired after 33 years working in a State Agency. I always contributed to Social Security. If I die before my wife dies, is she entitled to receive my full benefit, which is larger than her own?

A. Your widow would receive the full Social Security benefit that you would receive if still alive. Anti-windfall reductions apply only if public employment was not covered by Social Security. Your wife faces no reduction since she was never a public employee.

Mary Jane Yarrington is a senior policy analyst with the National Committee to Preserve Social Security and Medicare.

NAPS

As a Matter of Fact

*Grandparents buy one-quarter of all toys sold, according to The New York Times.

*The smallest fish is the pygmy goby of the Philippines. It measures less than one-half inch.

*The practice of giving plants scientific names began during the 1700s.

*The first ant farm was marketed by Uncle Milton Industries in 1956.

*The largest fish is the whale shark. It weighs up to 15 short tons – more than twice as much as an African elephant.

*The Rafflesia, the world's largest flower, measures up to three feet across.

*The first U.S. patent awarded for a plant was given to Henry F. Bosenberg for a climbing rose called *New Dawn*, which blooms successfully throughout the season.

*The German word *Kaiser* and the Russian word *Czar* both come from the family name of the Julian family in Rome: Caesar.

*According to folklore, when a candle burns too fast, there is said to be a thief in the house.

*There are more kinds of fish than all other kinds of water and land vertebrates put together.

*A legion was a division of the Roman army varying in size from 4,000 to 6,000 men.

*The word *wriggle* comes from the Welsh *gwingav*, meaning a rapid twist.

*Fido, at one time a common name for a family dog, comes from the Latin word *fidus*, meaning faithful.

*Italy is the leading lemon growing country in the world. The U.S. ranks second.

*The first undersea federal park was the Key Largo Coral Reef Preserve, established in March of 1960.

*Some believe that locking the fingers together and pulling on them will stop an owl from hooting.

*Armadillos, opossums and sloths spend an average of 80 percent of their lives sleeping.

*After the Mayflower was no longer needed, it was dismantled and rebuilt as a barn.

*Every day birds eat half their own weight in food.

*In America, an average family of four consumes almost 6,000 pounds of food a year.

*Thomas Jefferson is credited with bringing the first macaroni machine to America in 1789 from France.

*The average worker bee produces 1½ teaspoons of honey in a lifetime.

*There are more than 7,000 varieties of apples grown in the world.

*The first bananas to reach the United States came to New York City from Cuba in 1804. They were often sold one at a time in tinfoil wrappings.

*The lily was a common symbol of truthfulness in China, Japan, India, Egypt, Greece and Rome.

*It is believed that the word *chortle* was coined by author Lewis Carroll as a combination of *chuckle* and *snort*.

*In some parts of Ireland, a stone or pebble boiled in the pot with potatoes is believed to have great curative powers.

*The first word spoken on the moon was *okay*.

*Hush puppies are so called because fried cornmeal batter was given to hungry dogs that begged for food.

*The smallest horse in history was named Little Stallion. He stood 14 inches and weighed 20 pounds.

*Lucy Hobbs Taylor was the first American woman to receive a degree in dentistry. She practiced from 1867 to 1907.

*The tomato came to Italy from Mexico and Peru through Spain

Visitacion Valley Police Log

*Aug. 4: 12 noon, 100 block of Hahn St., burglary of residence, forcible entry.
 *Aug. 5: 10 a.m., 000 block of Leland Ave., grand theft from locked auto.
 *Aug. 6: 12:30 a.m., 100 block of Hahn St., burglary of residence, unlawful entry.
 *Aug. 6: 12:40 p.m., 000 block of Scherwin St., robbery on street, strongarm.
 *Aug. 6: 6:05 p.m., 600 block of Velasco St., aggravated assault with deadly weapon.
 *Aug. 7: 4 p.m., 1800 block of Sunnydale Ave., grand theft from locked auto.
 *Aug. 7: 11:59 p.m., 1000 block of Goettingen St., grand theft from locked auto.
 *Aug. 8: 12:30 p.m., Geneva Ave. & Santos St., robbery on street, strongarm.
 *Aug. 9: 6 a.m., 1500 block of Sunnydale Ave., burglary of apartment house, unlawful entry.
 *Aug. 9: 10 a.m., 000 block of Brookdale Ave., burglary of residence, forcible entry.
 *Aug. 9: 8 p.m., 000 block of Raymond Ave., burglary, unlawful entry.

Visitacion Valley / Schlage Lock Community Planning Workshop

**Tuesday, October 1
6:30 to 8 p.m.**

Church of the Visitacion 655 Sunnydale Avenue

A Strategic Concept Plan Report, based on the neighborhood's participation in a February and March series of community workshops is now complete. Come receive a copy of the report and discuss next steps in creating permanent zoning on the Schlage Lock site.

The Report is also available online:
sfgov.org/planning/communityplanning/visval.htm

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Office of Supervisor Sophie Maxwell

San Francisco City Services

ABANDONED CARS.....	781-JUNK	LELAND AVENUE RESOURCE CENTER.....	585-2675
ANIMAL CONTROL.....	554-6364	MAYOR'S OFFICE.....	554-7111
BUS SHELTER DAMAGE.....	882-4949	MAYOR'S NEIGHBORHOOD SERVICES.....	554-6110
CITY TREES (trimming).....	695-2162	NARCOTICS TIP LINE (anonymous).....	1-800-CRACKIT
CRIME-STOPPERS (anonymous).....	1-800-2GIVEINFO	PARKING AND TRAFFIC PROBLEMS (DPT).....	553-1200
DOMESTIC/FAMILY VIOLENCE.....	864-4722	POLICE (non-emergency).....	553-0123
DPW (days) 695-2017, (nights/weekends) 895-2020		POTHOLE REPAIR.....	695-2100
EMERGENCY SERVICES.....	9-1-1	SAFE (neighborhood watch groups).....	673-SAFE
EMERGENCY SERVICES (cell-phone).....	553-8090	STREET LIGHTING CITY (out of order).....	554-0730
GARBAGE SERVICE COMPLAINTS.....	255-3610	STREET LIGHTING PG&E (wood poles).....	693-3201
GRAFFITI CLEANUP (DPW).....	241-WASH	SUNNYDALE RESOURCE CENTER.....	586-7572
GRAFFITI SUSPECT INFO.....	553-1603	TRAFFIC SIGNALS (out of order).....	550-2736
INGLESDE STATION (Anonymous 333-3433).....	553-1603	TRAFFIC ENGINEERING.....	554-2300
		VMS ANONYMOUS HOTLINE.....	281-8406

Visitacion Valley Business Directory

Valley business and organization free listings in the 415 area code. Call the Grapevine at (415) 467-9300.

AQUARIUMS	ASIAN DISCUS AQUARIUM, 130 Leland Ave., 333-0772	CHURCHES	CHURCH OF THE VISITACION, 655 Sunnydale Ave., 239-5950
AUTOMOTIVE	BAYSHORE AUTO, 2260 Bayshore Blvd., 467-6130	IGLESIA EL ESPRITU SANTO, 38 Leland Ave	KOREAN FIRST PRESBYTERIAN CHURCH, 333 Tunnel Ave., 468-1213
BAYSIDE SERVICE (mechanic)	2596 Bayshore Blvd., 239-5239	JOE MEYER UNITED METHODIST CHURCH, 590 Leland Ave., 239-5457	ST JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 566-6381
CHARUE'S GARAGE	2550 Bayshore Blvd., 239-7450	VALLEY BAPTIST CHURCH, 305 Raymond Ave., 467-6055	VALLEY BAPTIST CHURCH, 305 Raymond Ave., 467-6055
TW AUTOMOTIVE (mechanic)	2500 Bayshore Blvd., 585-8281	VISITACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503	VISITACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503
VALLEY AUTO & TRUCK SUPPLY (Bill Conte), 2520 Bayshore Blvd., 239-5880		CLOTHING	SPONA, 9 Leland Ave., 239-9631
BANK	BANK OF AMERICA, 6 Leland Ave., 622-4501	COFFEE	HAPPY DONUT, 2600 Bayshore Blvd., 469-5309
BAKERS	CUNEOP BAKERY, 96 Leland Ave., 239-6090	PICCOLO PETE'S EUROPEAN COFFEE, 2155 Bayshore Blvd., 467-2442	PICCOLO PETE'S EUROPEAN COFFEE, 2155 Bayshore Blvd., 467-2442
CUNEO BAKE SHOP	LITTLE OUIAPO BAKE SHOP, 169 Leland Ave., 239-2253	DAY CARE	CAROUSEL DAY CARE, 261 Hahn St., 469-5353
BARBERS	DeMASI'S BARBER SHOP, 35 Leland Ave	DEPARTMENT STORES	DEPARTMENT STORES
THE SHOR (JB), 178 Leland Ave., 239-6709	THE SHOR (JB), 178 Leland Ave., 239-6709	DEPARTMENT STORES	DEPARTMENT STORES
BEAUTICIANS	ANGEL COIFFURES, 5 Leland Ave., 239-9891	DRUGSTORES	DRUGSTORES
ANGEL COIFFURES	MAY MAY BEAUTY SALON, 60 Leland Ave., 337-9381	DRUGSTORES	DRUGSTORES
MIZ RENA'S SALON	MIZ RENA'S SALON, 19 Blanken Ave., 467-3399	DRUGSTORES	DRUGSTORES
NAILS BY JENNY	NAILS BY JENNY, 50 Leland Ave., 333-6800	DRUGSTORES	DRUGSTORES
WHO'S BAAQ	WHO'S BAAQ, 224 Leland Ave., 657-3156	DRUGSTORES	DRUGSTORES
BLIND CLEANING	SPEEOY ULTRASONIC BLIND CLEANING (commercial and residential), 1116 Girard St., 467-7506	DRUGSTORES	DRUGSTORES
ELECTRICAL	TATE ELECTRIC (Joel Tate), 467-4657	DRUGSTORES	DRUGSTORES
FLORISTS	IL FIORE FLOWERS, 2466 San Bruno Ave., 468-0145	DRUGSTORES	DRUGSTORES
GARDEN ORNAMENTS	SILVESTRI GARDEN ORNAMENTS, 2635 Bayshore Blvd., 239-5990	DRUGSTORES	DRUGSTORES
GROCERS	E-Z STOR MARKET, 2203 Geneva Ave., 585-9240	DRUGSTORES	DRUGSTORES
CARPETS	FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300	DRUGSTORES	DRUGSTORES
HANSAN INTERIORS	K.C. MARKET, 400 Wide St., 467-3024	DRUGSTORES	DRUGSTORES
CASKETS	E-Z VILLAGE MARKET, 1450 Sunnydale Ave., 586-1815	DRUGSTORES	DRUGSTORES
CASKETORIUM, INC.		DRUGSTORES	DRUGSTORES

Simple Home Safety Tips

Following a few practical and easy safety measures can eliminate "danger zones" around the home. Use this checklist to help find and address common problem areas and ensure your home is safe for the entire family.

*Aug. 10: 11:08 p.m., 000 block of Wabash Tr., robbery on street with gun.

*Aug. 11: 3:45 p.m., Sawyer St. & Visitacion Ave., robbery, bodily force.

*Aug. 13: 8 p.m., 100 block of Blythdale Ave., burglary of residence, attempted forcible entry.

*Aug. 16: 11:22 p.m., 1500 block of Sunnydale Ave., carjacking with gun.

*Aug. 17: 2:05 a.m., Sunnydale Ave. & Hahn St., aggravated assault with gun.

*Aug. 18: 8:30 p.m., Visitacion Ave. & Desmond St., robbery on street with gun.

*Aug. 19: 2:13 p.m., 3500 block of San Bruno Ave., grand theft purse snatch.

*Aug. 20: 10:35 a.m., 000 block of Leland Ave., robbery on street with gun.

*Aug. 21: 7:15 a.m., 1500 block of Sunnydale Ave., burglary of apartment house, unlawful entry.

*Aug. 23: 11:59 p.m., 100 block of Blythdale Ave., attempted homicide with gun.

*Aug. 27: 5:20 a.m., 1700 block of Geneva Ave., robbery on street, strongarm.

*Aug. 28: 8:55 p.m., 100 block of Blythdale Ave., aggravated assault with gun.

Fraud Prevention Tips Consumers Should Know

You can give yourself the credit you deserve if you follow some simple fraud prevention do's and don'ts.

Here are a few tips from the experts at Chase:

Do report lost or stolen cards immediately.

Don't leave your credit cards in your glove compartment. A surprisingly high proportion of all credit card thefts are from glove compartments.

Do protect your cards as if they were cash. Always know where they are.

Don't write down your PIN number. Memorize it.

A Meal Big on Taste

Lasagna Rolls

12 lasagna noodles, cooked; 4 oz. (1/2 cup) shredded mozzarella cheese; 15 oz. ricotta cheese; 1/2 cup frozen spinach, thawed and drained; salt and pepper to taste; pinch of parsley; pinch of basil; pinch of nutmeg; 16 oz. Francesco Rinaldi Traditional pasta sauce

In a medium mixing bowl, combine cheeses, spinach and season with salt and pepper. Add basil, parsley and nutmeg, blend well. Lay lasagna noodle flat on a cutting board. Place 2 tablespoons of the cheese mixture on the end closest to you. Carefully roll halfway, flatten a little with a gentle pat and then continue to roll to the end. Repeat this with the remainder of the cheese mixture and pasta.

Heat pasta sauce, either on stovetop or in microwave. Place 3 rolls at a time in a microwave-safe dish; cover and microwave on High for 11/2 minutes. Repeat with remainder of rolls. Pour hot pasta sauce over each roll. Garnish with parsley and sprinkle with cheese.

NAPS

Don't slip. Place bath mats in the bathtubs and showers.

Don't trip. Use carpet tape on area and throw rugs to prevent tripping and sliding.

Hold on tight. Frequently check handrails in stairways to make sure they're stable.

Leave the light on. Place nightlights in hallways, bathrooms and other areas you may need to access in the dark.

Make a list and check it twice. Make a list of emergency phone numbers and post them clearly on the refrigerator or close to the phone. Include close family members or friends to make these numbers readily available to the entire family in case of emergency.

Sleep tight. If your child has recently moved to an adult bed or bunk bed, be sure to use bed rails to prevent falling.

Make it a family affair. Hold annual or biannual fire drills for the entire family, developing strategic escape routes from each room within the home.

NAPS

Free Senior Health Screenings in Valley

The Mission YMCA invites all area San Francisco senior citizens to participate in two free upcoming community Health, Lecture, and Hearing Screenings. All screenings include health literature, individual consultations, and immediate test results.

On Wednesday, Oct. 9, from 9 a.m. to 12 noon, TLC Audiometry will offer a Hearing Screening at the Visitacion Valley Senior Center located at 66 Raymond Ave. On Friday, Oct. 11, between 10 a.m. and 12 noon, the Community Health Resource Center will be testing individual's cholesterol levels at the John King Senior Center, located at 500 Raymond Ave. The Cholesterol Screening includes a lecture and video presentation for those interested in learning more about their health.

The Community Health Resource Center is a local physician directed not-for-profit health and wellness center. For more information please call 452-7569.

VISITACION VALLEY GRAPEVINE - OCTOBER 2002 7

PLUMBING

MARK VOELKER PLUMBING, 99 Arleta Ave., 467-7401

POST OFFICE

VISITACION USPO, 68 Leland Ave., 239-5270

LOGGING

THRIFTLOOGE, 2011 Bayshore Blvd., 467-8811

MANUFACTURER

NATIONWIDE PAPER, 345 Schwenn St., 586-9160

MEDICAL

AMERICAN REO CROSS, BAY AREA CHAPTER, 1704 Sunnydale Ave., 584-3620

HAWKINS VILLAGE MEDICAL CLINIC (Dept. of Public Health), 333 Schwenn St., Appointments 715-0310

DR SAM HO, MD, 9 Siliman St. No. 4, 337-6135

NORTH EAST MEDICAL SERVICES, LELANO AVENUE, 82 Leland Ave., 391-9686 (ask for Leland Avenue clinic)

PORTOLA FOOT & ANKLE CLINIC (Dr Divyay Patel) 2858 San Bruno Ave., 467-7500

NOTARY

ROYAL PACIFIC MORTGAGE & REALTY, 46 Leland Ave., 333-4900

ORGANIZATIONS

ASIAN PACIFIC AMERICAN COMMUNITY CENTER, 2442 Bayshore Blvd., 587-2689

GENEVA TERRACE PROPERTY OWNERS ASSOCIATION, 60 Bur Ave., 584-2700

GIRLS AFTER SCHOOL ACADEMY, 2050 Sunnydale Ave., 333 Schwenn St., 584-4044

JOHN KING SENIOR COMMUNITY, 500 Raymond Ave., 239-6233

LELANO HOUSE, 141 Leland Ave., 405-200

